



50+ Questions To Ask

Pursuing your education and sports career at the collegiate level is a very life impacting choice. You do not want to enter into this decision lightly, or uninformed. It is important to ask the right questions that will allow you to make the best choice for your future.

The following is a guideline list of questions for you to consider when speaking to potential college coaches and schools. This is only a general guide. Use what you want, add or subtract questions as you see fit, but always ask questions. The more informed you are about the criteria that is important to you as a student athlete the better, Remember this is your future we're talking about!

The School

- Where is the school located?
- Does the school offer four year or two year programs?
- What is the school most recognized for in terms of Educational Programs?
- What is the undergraduate enrollment?
- What is the campus like?
- What is the weather like? What are the seasons?
- Where do the student athletes live? On campus, Off Campus?
- What kind of support in terms of academics is provided for the student athlete? Tutoring, etc.
- What is the academic calendar - quarters, semesters, trimesters?
- What resources and library facilities are available to the students?
- What is the student recreation programs like? Off season Intramural programs?
- What kind of course load is typical for a student athlete?
- How many hours of class should a student athlete expect each day?
- How many hours of Homework should a student athlete expect each day?

The Athletic Program and Team

- How did the coach become aware of you? How many times have they seen you play?
- Has the coach seen your online athlete profile and video?
- Is there anything else the coach would like to see in order to evaluate you?
- What division does the school play in?
- What conference is the team in?
- How did the team do last season?
- Where does the coach see you as a player fitting in as a freshman? Style of play, position etc.
- How many players are they losing from their starting lineup?
- Does the team red shirt its freshman?
- How many new recruits is the team anticipating?



Interviews are a two way street: You must be prepared to answer tough questions, but you also must be prepared to ask them. This is your opportunity to learn as much as you can about this opportunity.

The Team Continued

- What sort of training schedule is involved while at school?
- How many hours a week of practice, travel, games should be expected?
- Is there a special facility for strength training for student athletes?
- What are the athletic training facilities like?
- What happens if a student athlete gets injured?
- How do you deal with season ending or career ending injuries
- What's the team chemistry like?
- What is the relationship like between upper and lower classmen?
- How would you describe your coaching style?
- When does the coach's contract end? you should know if the coach could leave while you're playing.
- What are the restrictions for maintaining academic and athletic eligibility while enrolled?
- What are the team Grade Point Average, goals?
- Can you describe the typical day for a student athlete?

Financial Questions

- What is all in cost of attending your school including tuition, room and board?
- What is included in your food plan?
- Do athletes on your team typically need to supplement the food plan?
- For athletes living off campus, what do people spend on rent / utilities?
- How much will I likely spend on books and supplies?
- Is there additional cost for campus transportation?
- What is the cost of a parking pass?
- Are there any other hidden costs I should know about?

What happens moving forward

- What does the coach see as being the next step? Applying to the school, etc.
- Will the coach get a chance to see you play again? Would they like to see more video?
- Would the coach like you to send him your resume and team's schedule?
- Would the coach be willing to send you an application for the school?
- When does the coach expect to be back in contact with you?
- Is there the possibility of a fly down to visit the school?
- Is there any scholarship available?



*Knowledge is knowing a tomato is a fruit.
Wisdom is not putting it in a fruit salad.*

It is also a good idea to talk to a current or former athlete on the teams you are interested in. Often if you ask the coach, they will connect you with a player, or you can look them up over social media channels.

Talking with an athlete is a great way to get to know what daily life is like for them, and get to know more about the coach, their methods and values from the perspective of one of their athletes.

Here are some questions you could ask an athlete:

What type of player is attractive to the coach?

What is the coaches approach to rotating playing time?

Does the coach play a certain system or strategy?

Is the coach more of an offensive-type of coach or defensive?

What is your perception of the coaching staff? Do they work well together?

Does the coach value a strong work-ethic or other specific traits?

Does the coach value character players?

Does the coach value team players and ones that get along with their teammates?

What is your relationship like with the coach?

How often do you get specific individual coaching or feedback from the coaching team

How often does the coaching staff communicate with you off field?

Is the coach a big advocate of strength and conditioning?

How much time do you spend each day on team training and strength training.

How much time do you spend the training room, getting treatment or other rehab/prehab activities?

Do you have study hall requirements?

Do you use the tutoring or academic support services through the athletic department?

How do you get around campus typically?

What is your relationship like with your other teammates?

Is the team close off the field as well as on?

Do you live with your team mates?

How do you find the academic / athletic balance?

Do you ever have trouble with scheduling classes around practice time?

How do you balance class time with team travel?

How do you get around campus? (walk, bike, transit?)